

COVID-19 Vaccine & PREGNANCY

! We're here to help keep you, your loved ones, and our communities as safe as possible.
For more information, visit kp.org/coronavirus.



Should I get the COVID-19 vaccine if I am pregnant or considering becoming pregnant?

Kaiser Permanente recommends that people who are pregnant or considering becoming pregnant get a COVID-19 vaccine. There are several benefits of vaccination for women who are pregnant, breastfeeding, or considering becoming pregnant:

- More than 139,000 pregnant individuals have received the COVID-19 vaccine. The vaccines are effective at preventing COVID-19 disease, severe illness, and death.
- Vaccination during pregnancy may help transfer protective antibodies to your baby through the placenta and breast milk. These antibodies may protect your baby from getting COVID-19 disease.
- COVID-19 vaccination does not impact male or female fertility or fertility outcomes.

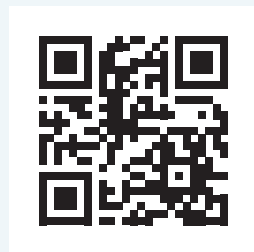


Are there any risks if I get the COVID-19 vaccine if I am pregnant, postpartum, breastfeeding or considering pregnancy?

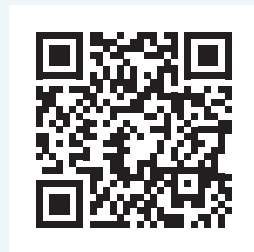
- No safety concerns have been reported for vaccinated pregnant, postpartum or breastfeeding people or their babies.
- There have been no increased risks of miscarriage, growth problems, or birth defects in pregnant people who received the vaccine in the first trimester.
- There is no evidence or concern that the vaccine causes infertility.



To schedule your vaccine appointment and to learn more, visit kp.org/covidvaccine



Learn more about COVID-19 and pregnancy at kp.org/maternity-covid



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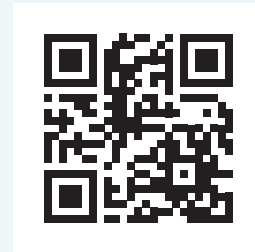
What are the known risks of getting COVID-19 during pregnancy?

- Being pregnant increases the risk of severe COVID-19 illness. Pregnant people are:
 - 3 times more likely to need ICU care.
 - 2 to 3 times more likely to need advanced life support and a breathing tube.
 - 2 times more likely to die from COVID-19.
 - More likely to need a cesarean delivery, deliver a pre-term baby and possibly have a stillbirth.
- Pregnant patients with other medical problems like obesity, diabetes, heart disease, or are over the age of 35 have a higher risk of adverse outcomes.

If you choose to become vaccinated:

- The American College of Obstetricians and Gynecologists, the Society for Maternal-Fetal Medicine, the American Society for Reproductive Medicine, and your doctors at Kaiser Permanente recommend COVID-19 vaccination for all pregnant, postpartum, breastfeeding individuals, or individuals considering pregnancy.
- You do not need to separate the COVID-19 from other vaccines like the flu or tdap.
- You can take Acetaminophen if you experience fever or muscle pain as a side effect.
- You do not need to take a pregnancy test before receiving the vaccine.

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