| | Cook Time Pre | p Time |
|------------|---|--------------------|
| | NUTRITION FACTS Number of Servings Calories Per Serving | |
| | | |
| | | |
| | Total Fat | Total Carbohydrate |
| | Saturated Fat | Dietary Fiber |
| | Trans Fat | Total Sugar |
| | Cholesterol | Protein |
| | Sodium | |
| IGREDIENTS | DIRECTIONS | |

TIPS



HEALTHY LIVING CLASSES

Visit **kp.org/classes/ga** for addtional health and wellness resources as well as class schedules!

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